

# HOW TO HELP A CHILD WITH WRITER'S BLOCK AT HOME

## 1. GIVE LOTS OF WAIT TIME

- Wait at least 10-15 minutes before doing anything
- You can say, "Give it your best try." or "Try something."
- Then, after ample wait time, try some of the other suggestions.

## 2. ENCOURAGE APPROXIMATIONS

When your child makes an attempt, be sure to name what they did do well, rather than pointing out the flaws. To have an impact, it may take lots of repetition and consistency.

## 3. MAKE ROOM FOR A LOT OF CHOICE

- Your child can choose what to write about
- Your child has many choices for materials to use:
  - papers, pens, pencils, color, no color
- Your child can choose where to write, and different seating options
- Your child has choice what order to do things

## 4. BREAK THE TASK INTO SMALLER PIECES

- Putting your name at the top of the page
- Draw just a part of the picture
- Write just one label
- Write just one sentence
- Write just one page
- Add to something you already wrote



## 5. REREAD SOMETHING YOU ALREADY WROTE

Rereading something they already wrote, especially a favorite piece, can help your child settle down and get their mind ready for writing. You can read to your child, or have them read to you to ease into the task at hand.